

# Safe Medication Disposal

Prescription medication plays an important role in treating certain conditions. Unused or expired medications should be properly disposed of to avoid harm. For example, pain medication (opioids) can be very effective for treating pain, but prolonged use or misuse can lead to addiction, accidental poisoning or overdose.



**900,000**

Americans misuse prescription stimulants every month



**25%**

of teens report taking prescription medications from family without permission



**4.9 million**

people who misused opioids obtained them from a friend, relative or home medicine cabinet

**Proper disposal of unused medications saves lives.**

## FLOYD COUNTY

### Safe Home Disposal

Medication disposal packets are available at your local pharmacy to support safe disposal of unused medications at home. Scan the QR codes for instructional videos!

#### DisposeRx®

- 1) Remove prescription label, open bottle and fill 2/3 with water.
- 2) Empty packet of DisposeRx® into the bottle, replace cap.
- 3) Shake for 30 seconds then throw bottle in trash.



<https://disposerx.com/page/5/product-and-program#video> (Link)

#### Deterra® Drug Deactivation System

- 1) Pour medication in Deterra® pouch and fill 1/2 with water.
- 2) Wait 30 seconds, seal, shake and dispose in trash.



<https://deterasystem.com/resources/videos/> (Link)

### Drop-Off Locations

You can safely dispose of unused or expired medications locally at one of the permanent drug disposal drop-off locations below.

#### + Charles City Police Department

105 Milwaukee Mall  
Charles City, IA 50616  
641-228-3366

#### + Hy-Vee Pharmacy #1074

901 Kelly St  
Charles City, IA 50616  
641-228-1222